



*Monday*

*Gluten free wrap pizza topped with sugar free tomato sauce, fresh basil and cashew cheese.*

*Mixed green in an organic tahini dressing*

*Superfood cookie dough mylkshake*

*Tuesday*

*Buckwheat burger topped with a sundried tomato cashew cheese*

*Avocado and grilled red onion with a homemade thousand island dressing on the side*

*Sauteed spinach*

*Sugar Free vanilla chia pudding*

*Wednesday*

*Stuffed peppers with hempseed pesto quinoa with melted raw goat cheese*

*Broccoli fennel soup*

*Acai gelato*

*Thursday*

*Veggie Tacos with corn, bell peppers, spinach, and quinoa topped with kim chee and macadamia cheddar*

*Vegan ceasar*

*Mint chip energizer*

*Friday*

*Quinoa pasta in a lemon ghee sauce*

*With cauliflower mashed potato and cinnamon carrots*

*Kefir Margarita*

*Saturday*

*Avocado, kale, onion cashew quesadilla topped with mango salsa*

*With a side of chipotle black beans and blue corn chip*

*Sugar free chocolate pudding*